

Zippys Daily Specials Menu - OCTOBER

Specials are served from 10:30am - 9:30pm. (Fast Food & Restaurant)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1	2	3	4	5	6	7
Roast Pork* Chicken Long Rice* Shrimp Katsu Curry* Pork Cutlet* Tripe Stew* Corn Chowder	Beef Stew* Meat Loaf* Curry Loco Moco** Teriyaki Pork* Mochiko Chicken* Seafood Chowder	Sweet Sour Spareribs* Hawaiian Stew* Beef Cutlet* Kalua Pig Cabbage* Hamburger Curry* Corn Chowder	Roast Turkey* Beef Curry* Chicken Long Rice* Pastele Stew* Shoyu Chicken* Potato & Bacon Chowder	Lau Lau Combo Beef Stew* Teriyaki Chicken* Chicken Curry* Beef Stroganoff* Beef & Broccoli Chowder	Roast Pork* Chicken Katsu Curry* Sweet Sour Spareribs* Hawaiian Stew* Turkey Ala King* Turkey Noodle Soup	Roast Turkey* Pork Adobo* Beef Curry* Shoyu Chicken* Meat Loaf* Clam Chowder
8	9	10	11	12	13	14
Roast Pork* Chicken Long Rice* Shrimp Katsu Curry* Pork Cutlet* Tripe Stew* Corn Chowder	Beef Stew* Meat Loaf* Curry Loco Moco** Teriyaki Pork* Mochiko Chicken* Seafood Chowder	Sweet Sour Spareribs* Hawaiian Stew* Beef Cutlet* Kalua Pig Cabbage* Hamburger Curry* Corn Chowder	Roast Turkey* Beef Curry* Chicken Long Rice* Pastele Stew* Shoyu Chicken* Potato & Bacon Chowder	Lau Lau Combo Beef Stew* Teriyaki Chicken* Chicken Curry* Beef Stroganoff* Beef & Broccoli Chowder	Roast Pork* Chicken Katsu Curry* Sweet Sour Spareribs* Hawaiian Stew* Turkey Ala King* Turkey Noodle Soup	Roast Turkey* Pork Adobo* Beef Curry* Shoyu Chicken* Meat Loaf* Clam Chowder
15	16	17	18	19	20	21
Roast Pork* Chicken Long Rice* Shrimp Katsu Curry* Pork Cutlet* Tripe Stew* Corn Chowder	Beef Stew* Meat Loaf* Curry Loco Moco** Teriyaki Pork* Mochiko Chicken* Seafood Chowder	Sweet Sour Spareribs* Hawaiian Stew* Beef Cutlet* Kalua Pig Cabbage* Hamburger Curry* Corn Chowder	Roast Turkey* Beef Curry* Chicken Long Rice* Pastele Stew* Shoyu Chicken* Potato & Bacon Chowder	Lau Lau Combo Beef Stew* Teriyaki Chicken* Chicken Curry* Beef Stroganoff* Beef & Broccoli Chowder	Roast Pork* Chicken Katsu Curry* Sweet Sour Spareribs* Hawaiian Stew* Turkey Ala King* Turkey Noodle Soup	Roast Turkey* Pork Adobo* Beef Curry* Shoyu Chicken* Meat Loaf* Clam Chowder
22	23	24	25	26	27	28
Roast Pork* Chicken Long Rice* Shrimp Katsu Curry* Pork Cutlet* Tripe Stew* Corn Chowder	Beef Stew* Meat Loaf* Curry Loco Moco** Teriyaki Pork* Mochiko Chicken* Seafood Chowder	Sweet Sour Spareribs* Hawaiian Stew* Beef Cutlet* Kalua Pig Cabbage* Hamburger Curry* Corn Chowder	Roast Turkey* Beef Curry* Chicken Long Rice* Pastele Stew* Shoyu Chicken* Potato & Bacon Chowder	Lau Lau Combo Beef Stew* Teriyaki Chicken* Chicken Curry* Beef Stroganoff* Beef & Broccoli Chowder	Roast Pork* Chicken Katsu Curry* Sweet Sour Spareribs* Hawaiian Stew* Turkey Ala King* Turkey Noodle Soup	Roast Turkey* Pork Adobo* Beef Curry* Shoyu Chicken* Meat Loaf* Clam Chowder
29	30	31				
Roast Pork* Chicken Long Rice* Shrimp Katsu Curry* Pork Cutlet* Tripe Stew* Corn Chowder	Beef Stew* Meat Loaf* Curry Loco Moco** Teriyaki Pork* Mochiko Chicken* Seafood Chowder	Sweet Sour Spareribs* Hawaiian Stew* Beef Cutlet* Kalua Pig Cabbage* Hamburger Curry* Corn Chowder				

Beef Curry*	\$10.15 / 850-1450 cal
Beef Cutlet*	\$10.65 / 980-1570 cal
Beef Stew*	\$10.15 / 480-1070 cal
Chicken Curry*	\$10.15 / 370-970 cal
Chicken Katsu Curry*	\$10.15 / 1040-1630 cal
Chicken Long Rice*	\$9.15 / 290-890 cal
Curry Loco Moco**	\$10.95 / 1180-1480 cal
Hawaiian Stew*	\$10.15 / 340-940 cal
Kalua Pig Cabbage*	\$8.95 / 430-1020 cal
Lau Lau Combo	\$10.60 / 340-1320 cal
Meat Loaf*	\$9.55 / 420-1010 cal
Mochiko Chicken*	\$10.30 / 870-1460 cal
Pastele Stew*	\$9.95 / 600-1190 cal
Pork Adobo*	\$10.80 / 1060-1650 cal
Pork Cutlet*	\$10.55 / 710-1300 cal
Roast Pork*	\$12.05 / 580-1180 cal
Roast Turkey*	\$11.60 / 690-1280 cal
Shoyu Chicken*	\$11.00 / 840-1440 cal
Shrimp Katsu Curry*	\$11.65 / 740-1330 cal
Sweet Sour Spareribs*	\$10.95 / 510-1100 cal
Teriyaki Chicken*	\$9.65 / 330-920 cal
Teriyaki Pork*	\$10.70 / 310-900 cal
Tripe Stew*	\$10.15 / 390-980 cal
Turkey Ala King*	\$10.15 / 1010-1230 cal

Available Daily

Soup of the Day or Portuguese Bean Soup	
Large	\$4.35 / 210-760 cal
Regular	\$3.50 / 180-540 cal

Also Available Fridays Only

Kalua Pig Plate*	\$10.95 / 630-1220 cal
Lau Lau Plate*	\$12.25 / 390-990 cal

Note: Kalua Pig on the Lau Lau Combo can be substituted with select specials on Fridays. Ask store for details.

NOTE: Menu & prices are subject to change without prior notice. Prices listed are for fast food counters only. Prices may vary at locations.

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Dillingham	832-1750
Ewa	687-3500
Hilo	(808) 313-8300
Kahala	733-3730
Kahului	(808) 856-7599
Kailua	266-3780
Kaimuki	733-3722
Kalihi	832-1755
Kaneohe	233-2700
Kapahulu	733-3725
Kapolei	674-1773
Koko Marina	396-6977
Makiki	594-3720
McCully	973-0877
Mililani	623-1110
Nimitz	532-4205
Pearl City	453-3715
Pearlridge	483-2510
Vineyard	532-4211
Wahiawa	622-4166
Waiau	483-3775
Waipahu	671-4065
Waipio	671-1865

2,000 calories a day is used for general nutrition advice, but calorie needs may vary. Additional nutritional information available upon request.

**Consuming raw or under-cooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness especially in consumers with certain medical conditions.

*Also available in small portions.

Zippy's Take-Out Menu

All seafood plates come automatically with lemon and tartar sauce. Additional 99¢ for extra scoop macaroni salad (250 cal). Additional 58¢ for extra scoop rice (150-170 cal). 2,000 calories a day is used for general nutrition advice, but calorie needs may vary. Additional nutritional information available upon request.

Plate Lunches

Chicken Katsu	\$9.45 / 700-1290 cal
Mini Chicken Katsu	\$7.00 / 380-800 cal
Chili & Chicken Mixed Plate	\$10.10 / 890-1640 cal
Mini Chili & Chicken	\$7.45 / 450-950 cal
Chili Frank	\$9.30 / 470-1310 cal
Mini Chili Frank	\$6.90 / 280-860 cal
Chili Moco**	\$10.70 / 950-1410 cal
Mini Chili Moco**	\$7.90 / 500-850 cal
Fried Chicken	\$10.60 / 1070-1670 cal
Mini Chicken	\$8.05 / 720-1140 cal
Hamburger Steak w/ Onions	\$9.90 / 510-1100 cal
Mini Hamburger Steak	\$7.35 / 280-700 cal
Korean Style Fried Chicken Plate	\$10.70 / 890-1470 cal
Mini Korean Chicken	\$7.90 / 440-860 cal
Breaded Mahi Mahi Plate	\$13.60 / 500-1090 cal
Mini Mahi Mahi	\$10.00 / 280-700 cal
Teri Beef Plate	\$10.40 / 450-1040 cal
Mini Teri Beef	\$7.70 / 300-720 cal
Loco Moco**	\$10.70 / 880-1180 cal
Mini Loco Moco**	\$7.90 / 470-740 cal

Local Favorites

Fried Noodles	\$8.55 / 810 cal
Mini Fried Noodles	\$6.35 / 410 cal
Oxtail Soup	\$19.45 / 1040-1080 cal
Spaghetti with Garlic Bread	\$8.85 / 830-1160 cal
Mini Spaghetti	\$6.55 / 490-710 cal
Surf Pac®	\$11.90 / 1390-1430 cal
Zip Pac®	\$10.70 / 1120-1170 cal
Mini Zip Pac®	\$7.90 / 660-680 cal

Zippy's Famous Original Recipe Chili

Chili & Burrito	\$6.45 / 590-830 cal
Chili & Burrito Plate	\$7.45 / 590-1430 cal
Chili & Cheese Fries	\$3.65 / 690-850 cal
Chili Bowl (chili only), Large	\$6.40 / 340-610 cal
Chili with Rice, Large	\$5.55 / 360-540 cal

Saimin

Saimin, Large	\$4.45 / 500 cal
Regular	\$3.55 / 340 cal
Wun Tun Min	\$7.60 / 460 cal

Sandwiches

Clubhouse Sandwich	\$11.70 / 770 cal
Grilled Cheese Sandwich	\$4.25 / 460 cal
Breaded Mahi Sandwich	\$7.80 / 410 cal
Teriyaki Beef Bun	\$7.20 / 600 cal
Vegi Tofu Burger	\$5.55 / 390 cal

Burgers (sauce only)

Cheeseburger	\$4.80 / 480 cal
Hamburger	\$4.55 / 410 cal
Teriyaki Cheeseburger	\$4.90 / 440 cal
Teriyaki Hamburger	\$4.65 / 370 cal
Make it a Deluxe	+\$.70 / 10 cal

w/ Lettuce, Tomato and Onions

Prime Burgers

Mushroom Prime Burger	\$6.85 / 580 cal
Prime Burger	\$5.25 / 460 cal
Prime Cheeseburger	\$5.50 / 530 cal
Teriyaki Prime Burger	\$5.35 / 460 cal
Teriyaki Prime Cheeseburger	\$5.60 / 530 cal

Combo any Burger or Sandwich +\$1.65 / 5-470 cal
w/ choice of French Fries, Mac Salad or Tossed Greens

Zip Deal any Burger or Sandwich +\$3.05 / 470-710 cal
w/ French Fries & Medium Drink

Super Zip Deal any Burger or Sandwich +\$3.45 / 470-820 cal
w/ French Fries & Large Drink.

Salads

Tossed salad recipe include locally grown Kunia aquaponic greens. Available in mini portions except Korean Chicken Salad.

Chef Salad	\$9.85 / 490-930 cal
Korean Chicken Salad	\$10.35 / 470-910 cal
Asian Chicken Salad	\$10.15 / 460-900 cal
Tossed Greens	\$3.40 / 15-230 cal

Side Orders

French Fries	\$2.35 / 470 cal
Macaroni Salad, 2 scoops	\$2.35 / 500 cal
Spam Musubi	\$2.15 / 280 cal
Piece Chicken	\$3.00 / 360 cal

Desserts

Apple Pie Slice	\$2.15 / 310 cal
Ice Cream (1 scoop)	\$2.65 / 180 cal

Beverages

Liliko'i, Large 32 oz.	\$2.50 / 300 cal
Medium 22 oz.	\$2.20 / 210 cal
Small 16 oz.	\$1.95 / 160 cal
Orange Bang, Large 32 oz.	\$4.15 / 410 cal
Medium 22 oz.	\$3.05 / 300 cal
Small 16 oz.	\$2.50 / 230 cal
Shake	\$5.50 / 640 cal
Shake	\$5.50 / 550-630 cal
Extra Thick	\$7.45 / 550-630 cal
Soda Float	\$3.95 / 180-340 cal

Soft Drink

<i>Pepsi, Diet Pepsi, Mist Twist, Mountain Dew, Fruit Punch, Raspberry Iced Tea, Root Beer or Pink Lemonade</i>	
Large 32 oz.	\$2.50 / 0-350 cal
Medium 22 oz.	\$2.10 / 0-250 cal
Small 16 oz.	\$1.90 / 0-190 cal
Coffee, Large	\$2.05 / 0 cal
Hot Tea	\$1.50 / 0 cal
Hot Cocoa	\$1.85 / 190 cal
Milk	\$2.20 / 100 cal
Orange Juice	\$2.10 / 150 cal

Pupu Platters (Please order 1 hour in advance.)

Local Favorites	\$33.25 / 3290 cal	No. of Servings
Teriyaki Beef, Hoki, Chicken Katsu, Hot Dog, Portuguese Sausage		
Chicken Katsu	\$31.25 / 360 cal per serving	10 servings
Korean Fried Chicken	\$36.25 / 420 cal per serving	10 servings
Fried Noodles	\$28.25 / 410 cal per serving	8 servings
Spam Musubi Platter	\$22.25 / 280 cal per serving	12 servings

Zippy's Fried Chicken

Bucket Chicken (9 pcs)	\$22.00 / 360 cal per serving	No. of Servings
Zip Meal Deal®	\$30.25 /	9 servings
w/ 1 Zip Meal® Rice & 1 Zip Meal® Macaroni Salad	150-170 cal per serving	7 servings
Barrel Chicken (15 pcs)	\$33.90 / 360 cal per serving	8 servings
Zip Meal Deal®	\$43.65 /	15 servings
w/ 2 Zip Meal® Rice & 1 Zip Meal® Macaroni Salad	150-170 cal per serving	14 servings
Barrel Chicken (21 pcs)	\$43.60 / 360 cal per serving	8 servings
Zip Meal Deal®	\$54.35 /	21 servings
w/ 1 Barrel Rice & 1 Zip Meal® Macaroni Salad	150-170 cal per serving	21 servings
	250 cal per serving	8 servings

Barrels

Barrel Chili (7 lbs)	\$35.75 / 160-300 cal per serving	16 servings
Zip Meal Deal®	\$46.50 /	
w/ 1 Barrel Rice & 1 Zip Meal® Macaroni Salad	150-170 cal per serving	21 servings
Barrel Macaroni Salad (6 lbs)	\$25.50 / 250 cal per serving	8 servings
Barrel Meat Sauce (7 lbs)	\$34.95 / 120 cal per serving	24 servings
Barrel Rice (6 lbs)	\$11.30 / 150-170 cal per serving	15 servings
		21 servings

Zip Meals®

Zip Meal® Chili	\$11.35 / 160-300 cal per serving	4 servings
Zip Meal® Gravy	\$4.75 / 110 cal per serving	4 servings
Zip Meal® Spaghetti	\$4.35 / 180 cal per serving	8 servings
Zip Meal® Meat Sauce	\$11.25 / 120 cal per serving	4 servings
Zip Meal® Rice	\$4.70 / 150-175 cal per serving	7 servings
Zip Meal® Macaroni Salad	\$8.95 / 250 cal per serving	8 servings
Zip Meal® Soup	\$10.80 / 60-290 cal per serving	4 servings

Breakfast (Served from 11:00pm - 10:30am Daily)

Meat 'N Eggs**	\$7.75 / 530-900 cal
<i>Eggs your way with your choice of Portuguese sausage, Spam®, bacon, ham, corned beef hash or link sausage. Served with choice of rice, toast, or hash browns.</i>	
Fried rice in place of rice	+ \$.65 / 450 cal
Meat 'N Eggs, small portion**	\$5.75 / 260-470 cal

Breakfast Bento** -- Sorry, no substitutions.

#1- Corned Beef Hash, Spam®, Scrambled Egg & Rice	\$5.25 / 480 cal
#2- Portuguese Sausage, Spam®, Scrambled Egg & Rice	\$5.25 / 530 cal
#3- Portuguese Sausage, Corned Beef Hash, Scrambled Egg & Rice	\$5.25 / 590 cal
#4- Portuguese Sausage, Bacon, Scrambled Egg & Rice	\$5.25 / 550 cal

Deluxe Breakfast Bento** \$7.95 / 930 cal
Corned Beef Hash, Portuguese Sausage, Spam®, Scrambled Egg & Rice. Sorry, no substitutions.

Omelette**	\$7.75 / 530-940 cal
<i>Choose from bacon, ham, Spam®, cheese, or Portuguese sausage. Served with choice of rice, toast, or hash browns.</i>	
add Mushrooms	+\$1.95 / 380 cal
add Cheese	+\$.62 / 110 cal
Mushroom Omelette**	\$8.25 / 760-890 cal
Vegetable Omelette**	\$8.60 / 890-1020 cal
Zippy's Omelette**	\$8.80 / 690-820 cal
Zippy's Original Chili Omelette**	\$7.30 / 480-680 cal

Ham, Portuguese Sausage or Spam®	
Omelette Sandwich**	\$2.90 / 340-440 cal
French Toast**	\$4.75 / 520 cal
Short Stack	\$4.45 / 570 cal
Hash Browns	\$1.85 / 230 cal
Toast	\$2.20 / 340-360 cal
Grilled Cornbread	\$1.85 / 410 cal
Oatmeal	\$2.40 / 250 cal
add Raisins	+\$.60 / 70 cal

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